

OREGON DEPARTMENT OF CORRECTIONS
Operations Division
Health Services Section Policy and Procedure #P-F-01

SUBJECT: HEALTHY LIFESTYLE PROMOTION

POLICY: The Health Services Program will provide information and services that promote health status, prevent disease, provide early detection and treatment of disease, and teach self-care.

REFERENCE: OAR 291-124-030 through 291-124-055
NCCHC Standard P-F-01

PROCEDURE:

- A. Inmates will be provided education and counseling for general health maintenance and self-care throughout incarceration.
- B. The inmate newsletter, if available, will regularly contain health related information.
- C. Programs to improve the health status of inmates may be offered on an individual and group basis.
- D. Inmates with chronic diseases will be provided with information that is designed to increase their ability to monitor and manage their health status.
- E. Inmates will be informed at the end of the Admission Health Assessment of the recommended schedule for preventive health care exams.

Effective Date: _____
Review date: October 2008
Supersedes P&P dated: August 2008