

MONILIAL VAGINITIS (CANDIDA)

Level I

(If subjective data sufficient, no exam is necessary.)

Skill Level: RN

Definition: Inflammation of the vagina due to fungal infection by *Candida Albicans* or occasionally other yeasts. Most cases occur in healthy women with no identifiable precipitating risk factors. Precipitating factors may include pregnancy, uncontrolled diabetes, debilitation, immune suppression, and use of antibiotics.

<p>Subjective:</p> <ul style="list-style-type: none">• "I have yeast infection. I'm itching and burning and have discharge."• Complaints of vaginal discharge, and intense vulvar itching or burning.• No vaginal bleeding, dysuria, or odor.• Denies pain or fever.• "I've had this before."• Patient may have recent history of antibiotic use.• Patient may be a diabetic.	<p>Assessment:</p> <ul style="list-style-type: none">• Alteration in comfort: Itching, burning related to fungal infection.
<p>Objective:</p> <ul style="list-style-type: none">• If history typical, subjective data sufficient for institution of treatment plan without exam.	<p>Plan:</p> <p>At nursing discretion may use any of the below:</p> <ul style="list-style-type: none">• Monistat Dual PaK as directed: one suppository vaginally x 3 consecutive nights HS and apply cream BID externally for 7 days.• If no improvement by third day or symptoms recur within 2 months, refer to practitioner.• If cause of vaginitis is unclear by history, refer to practitioner.

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Patient Education:

1. Instruct regarding good perineal hygiene.
2. Use clean washcloths, towels.
3. Wear cotton underwear.
4. Avoid perfumed soaps, sprays, powders.
5. Avoid tight fitting clothes.
6. Complete full course of treatment.
7. If fever or increased discharge return to Health Services.


APPROVED:

Medical Services Manager

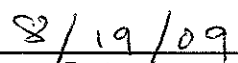
Date

Chief Medical Officer

Date



Medical Director



Date

Effective Date: _____

Revised: June 2009